Medicina Universitaria first 50 years

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Medicina Universitaria was born 50 years ago. We are located in the Northeast part of México, representing the Hospital Universitario Dr. José Eleuterio González and the School of Medicine that belong to Universidad Autónoma de Nuevo León. We are currently doing our job to communicate valuable scientific information free and open to the health and allied sciences world. Four numbers are published every year with the usual articles, including reviews, original research, expert opinions, and relevant clinical cases.

Our founder in 1970, Dr. Alvaro Gómez Leal, wrote: "Medicina Universitaria, the official journal of the School of Medicine of the University of Nuevo Leon (UNL by its Spanish acronym), was created as a result of the natural desire of man to communicate with others. We know that the number of publications in the world of medicine is extensive; however, the significant development of the different departments at our school, in addition to the increasingly solid organization of the University Hospital, legitimize our aspiration to have a journal of diffusion, which will make the results of our work known. Furthermore, we believe that through its lines of communication, the ever-cordial relationships between health professionals and our institution will grow closer."

Nowadays, we believe that those words are still valid. However, we now live in a different world since the internet was a game-changer, and now, we have new, easy, and rapid ways of communication. The scientific world faces the impressive emergence of new journals, many of them open and, unfortunately, predatory.

Scientific journals have responsibilities, including the duty to act as a filter in order to refine the information. Physicians and other health professionals will try to publish a paper only because they want to add a line to their curriculum and advance their career goals. Others just have something important to share and think that this is almost an obligation.

We built Medicina Universitaria as a journal focused only on academic values. Our journal is open, and we

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Date of reception: 31-10-2020

Date of acceptance: 03-11-2020

DOI: 10.24875/RMU.M20000051

Available online: 24-12-2020

Medicina Universitaria. 2020;22(4):143-144

www.medicinauniversitaria.org

do not believe in authors' fees to survive. Nowadays, many "academic" journals do not aspire to scientific quality, and they just want the author's money (predatory journals). In this setting, it is important to note that we are proud of not being that kind of journal, and therefore, we do not have a conflict of interest with our

authors. We are happy to still be around after half a century and always trying to improve in our scientific endeavors and academic goals. We are including some interesting articles that fulfill our academic ideas with university spirit in this anniversary number. Medicina Universitaria is alive and well after 50 years!