New purposes of Medicina Universitaria

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In 2019, Medicina Universitaria presents changes with the purpose of not only showing results of original research but also aims to achieve a greater impact in continuing medical education. Therefore, from the first issue of this year, we incorporate thematic reviews in which a minimum of three articles based on related pathologies is included. This first issue includes three review articles directed to the hematology of pregnant women according to the frequency with which they occur during this physiological state. The relevance of the topics lies in the fact that they are pathologies that the general practitioner, as well as the specialist, can find during their daily practice, so it is of relevance an opportune recognition of them for their adequate referral to the specialist.

Education in this field allows doctors the only opportunity to attend a special dyad, i.e., mother and child. Maternal mortality is, therefore, a serious issue that

occupies an important global place that indicates the degree of development and quality of public health.

According to the WHO, the maternal mortality rate in Mexico in 2015 was 38 deaths per 100,000 live births. We compare this to countries such as Poland, Greece, Finland, and Iceland, which have the lowest rates of three maternal deaths per 100,000 live births. ("Maternal health", 2015).

There are many countries which have a higher maternal-fetal mortality rate. Be it due to lack of prenatal care, health services, and cultural practices. Hence, this first set of articles will allow physicians to update their knowledge in hematologic diseases in pregnancy and avoid maternal and/or fetal deaths.

We hope this new section of Medicina Universitaria will be helpful for the General Practitioner as well as the specialist. We will be including different thematic reviews in our following numbers.

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